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LONDON

metro®

Tuesday, September 20, 2011
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News worth sharing.

Berry. Bark



► Roger Carlos, a partner in Forrat's Chocolates, makes chocolate berry bark yesterday at the Covent Garden Market.

ANGELA MULLINS/METRO

Try one — it'll be worth your truffle

Forrat's got its start at the downtown market in 2003 and since then has expanded to a shop on Richmond Street, one in Hamilton and another in Windsor. The business is gearing up for fall and winter and soon will roll out seasonal goodies like pumpkin spice, eggnog and champagne truffles.

Council OKs spending on skate event

► Economic benefit of World Figure Skating Championships expected to near \$30 million

City council gave preliminary approval yesterday on spending \$4.1 million to present a good image during the 2013 World Figure Skating Championships.

Councillors took two votes on separate clauses in a motion that approved the spending in principle and lands the issue in front of the finance and administration committee on Oct. 19. The first clause — approving the spending in principle — passed 11-3, the other part of the motion passed 14-0.

The votes came after a lengthy conversation about shelling out the money. Some councillors questioned why private businesses weren't footing some of the bill.

"This is a city of London event. The way we're shaping this thing up is to be a taxpayers' event," said Coun. Dale Henderson, who opposed the motion on the first

"We are going to get our money back 100 fold from what we invest. Come on, let's be excited for once or twice."

MAYOR JOE FONTANA

vote. "Where's the money from the John Labatt Centre? Where's the money from the hotels? I want to see some matching money."

Others, including Mayor Joe Fontana, urged their colleagues to remember the long-lasting economic benefit a solid performance during the championships could bring to the city.

The city couldn't buy the amount of publicity the championships will bring, Fontana said.

● ANGELA MULLINS

Day #1 winner:
Ashley Vilon

Day #2 winner:
April Paquette

Day #3 winner:
Joris Wood

Day #4 winner:
Ashley Smith

Day #5 winner:
Justine Sharpe

Day #6 winner:
Sarah Vantfoort

Day #7 winner:
Wyatt Ortibus

Day #8 winner:
Sharon Murray

Day #9 winner:
Susan Lilley

Day #10 winner:
Lisa Hoyland

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Morning. Stroll



► Mariah Buck, 4, and Krista Buck, 33, of London, enjoy a rainy-morning stroll through Wortley Village yesterday. The mother and daughter trek through the village twice a week and grab a treat at the Black Walnut Bakery Café while Mariah's younger sister attends classes at the nearby Preschool of the Arts. Environment Canada expects sunny skies to return today, with a high of 22 C.

ANGELA MULLINS/METRO

Not always a beautiful day in the neighbourhood

Cast early ballots: Researchers

- Project seeks to draw conclusions on how electoral reform would impact outcomes
- Anyone can participate regardless of age, eligibility to vote



ANGELA MULLINS
@METRONEWS.CA

Professors at UWO and three other universities are asking people to cast three ballots in advance of the Oct. 6 election.

The votes won't count toward putting a party in power, but they could tell researchers a lot about how different voting systems affect the outcome of elections and how the systems affect the way people vote.

Three Ontario Votes — an online project that

launched Saturday — is part of a larger seven-year research project called Making Electoral Democracy Work.

Laura Stephenson, an associate professor in Western's political science department, is representing London. Other participating universities include Carlton, McGill and Université de Montréal.

"Overall, we're interested in how voters and parties react to each other and the institutional systems in which they work," Stephenson said.

Three Ontario Votes is as much about voter education as it is research, Stephenson said. On the project's website, people can choose their riding and then cast votes for candidates via three electoral systems: first past the post, which is the way candidates are elected now; proportional representation; and an alternative vote in which voters assign a priority to the various candidates and the field is narrowed through a complex ranking system.

While casting ballots, voters can read about each

system, including a list of pros and cons.

Understanding various voting systems is important, Stephenson said, largely because of calls for electoral reform. In 2007, Ontario voters overwhelmingly defeated a referendum that would have replaced the first-past-the-post system with a form of proportional representation.

"It's good to know what you're asking for," Stephenson said about calls for reform.

If enough people land on

Get involved

- Cast your Three Ontario Votes ballots at threeontariovotes.ca. For more information about the Making Electoral Democracy Work project, visit electoraldemocracy.com.

the Three Ontario Votes website, researchers could use the data to figure out how the Oct. 6 results would have played out locally under various systems.

Thousands gather for Terry Fox Run

About 1,100 people gathered in London over the weekend for the 31st annual Terry Fox Run.

The London portion of the event was expected to raise \$100,000 for cancer research. This year, the event was dedicated to the memory of Terry's mother, Betty

Fox, who passed away earlier this year. Peter Ferguson, a member of the London volunteer committee, says Betty was devoted to carrying on her son's dream.

"She was a very intricate part of the Terry Fox run and the foundation itself," he said. "She inspired a lot

Raising funds

- Over the past 30 years, the Terry Fox Run has raised more than half a billion dollars.

of people to keep this thing going." **AM980/AM980.CA**

Suspicious fire at Men's Mission

Residents at the Men's Mission on York Street were given a surprise early wakeup call yesterday.

Just before 3 a.m., the London Fire Department was called to the mission,

between Burwell and Maitland streets, because of a fire that started in a bathroom.

The fire is considered suspicious.

AM980/AM980.CA

1

news



New research points to a frightening link between child-abuse rates and economic turmoil in the U.S. Scan code for the story.

- 1 Download the free ScanLife app with your smartphone at 2dscan.com
- 2 Use your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



As the European banking system goes, so goes the stock market — and there's now reason to think good thoughts about Europe. Allan Small has more at metronews.ca

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Fanshawe eases right back into its class act

► End of OPSEU strike means end of delays, traffic backups around college ► Students look forward to 'return to normal' on campus

ANGELA MULLINS/METRO



► Buses were rolling again yesterday on Fanshawe College's campus, the day after the Ontario Public Service Employee Union reached a tentative contract agreement with community colleges across the province. The union went on strike Sept. 1 and negotiations with the College Employer Council broke off. London Transit drivers have been honouring the union's picket line, letting students off outside Fanshawe gates.



ANGELA MULLINS
@METRONEWS.CA

The Fanshawe College campus was busy but quiet yesterday afternoon.

Students walked briskly between buildings, gathered in small groups during breaks and gulped coffee at bus stops. Missing were the picket lines that striking support workers have been marching since classes started two weeks ago — snarling traffic and causing shouting matches with frustrated drivers.

The workers, members of Ontario Public Service Employees Union Local 109, will be back on the job today. They and union reps at the province's other 23

community college reached a tentative contract agreement late Sunday.

"We're just busy trying to get things cleaned up here," Ann Cumming, a Fanshawe employee and union member said yesterday afternoon. "It is very exciting. We can't wait (to get back to work). The students can't wait."

Details about the tentative contract and when it will be put to a vote have not been released.

David Scott, spokesman for the College Employer Council, the community colleges' bargaining unit, said officials got word Friday that "the OPSEU team was willing to modify its position."

Scott said the bargaining

unit's position was consistent throughout the strike, which started Sept. 1.

"We were ready to go back to the table as long as we could (negotiate and) reach a reasonable settlement," he said.

Cumming said members had not seen the agreement yesterday afternoon. She referred questions about the deal to Marg Rae, president of Local 109 and a member of OPSEU's support-staff bargaining team.

Rae did not return a phone message.

During the strike, union members said the sticking point was proposed contract clauses that would allow for hiring more temporary and part-time workers. Officials repre-

525
The number of Fanshawe College support staff scheduled to return to work today following the end of a strike that started Sept. 1.

sending the colleges have said the main issue was money.

The College Employer Council offered a 4.8 per cent pay increase over three years, officials have said. Union members wanted a two-year agreement with a three per cent hike each year, according to information released by the council.

Fair CEO not fazed by drop in attendance

Despite another attendance drop at the Western Fair, organizers say they're not discouraged.

The official total for this year's fair was 176,049. That's down from the 178,000 who attended last year, which was a drop from previous years.

"We had a great event. I'm not disappointed with

attendance," said Western Fair District CEO Hugh Mitchell. "We had a num-

ber of things that were extremely successful for us."

Organizers said considering London's high unemployment and the sluggish economic recovery, the fair's attendance figures held their own. ● METRO



MOTHER TERESA SECONDARY

School's out for Catholic principal

The London District Catholic School Board has temporarily removed a principal pending an internal investigation.

Officials at Mother Teresa Catholic Secondary School in north London said yesterday Ted Gorski was removed

from his position.

"The principal at Mother Teresa has been put on leave and a replacement has been put in," said London trustee Phil Squire. "An internal investigation is going on."

Police confirm charges have not been laid.

Gorski had been in the news in the past. In August 2002, somebody threw a Molotov cocktail at his home while he was the principal of St. Thomas Aquinas. Police did not make any arrests or lay any charges in that case. AM980/AM980.CA

Few details in stabbing downtown

Police were on the scene of a stabbing in downtown London yesterday afternoon in the area of Richmond and Dundas streets.

The stabbing happened just before 2:30 p.m., but not many details about the event were known at press time. The investigation was still in the preliminary stages.

Dundas from just west of Richmond Street to Clarence Street was blocked off yesterday afternoon while police conducted their investigation.

AM980/AM980.CA

Simple Plan coming in February

Simple Plan will perform at the RBC Theatre at the John Labatt Centre on Feb. 20. Showtime is 7 p.m.

Opening acts are Marianas Trench, All Time Low and These Kids Wear Crowns.

Tickets (\$55.50, \$46.50) go on sale Friday at 10 a.m. They are available at the JLC box office, Masonville Place ticket outlet, Fanshawe College BizBooth, the Bookstore at Western and Books Plus. Or call 866-455-2849, or visit johnlabattcentre.com or livenation.com. ● METRO



A Whaler for a Knight in goal

The London Knights traded one 17-year-old goalie for another yesterday, acquiring Jacob Patterson from the Plymouth Whalers for Darien Ekblad.

Three 2012 draft picks

are also headed to the Whalers: London's third-rounder and Plymouth's fifth-rounder and eighth-rounder, which were previously acquired by the Knights.

Tickets are still available for the Knights home opener on Friday against the Saginaw Spirit at 7:30 p.m. at the John Labatt Centre. Call 519-681-0800 ext. 1.

● METRO

Roadshow is in London: 2 Days ONLY!

TERRY JINKLER
Canadian Collector Roadshow
Staff Writer

After very successful shows in Newmarket and Peterborough, the roadshow is now



Local Roadshow Expert
Examines Some Gold Jewellery

coming to London. So you had better search through your attics and garages, go through your lock boxes and jewellery, because you may be sitting on a small fortune and not even know it! Roadshow experts are here to examine all your antiques, collectibles, gold and silver.

During a show near Toronto, a woman came in with a jewellery box that she had just inherited from her late aunt. "I don't wear jewellery," explained Barbara Engles. "so it was an easy decision to come down to the Roadshow to sell it". She was very excited when she was able to walk away with a cheque for over \$2,100 for jewellery she was never going to wear anyway.

Expert Elijah Gold explains, "We have noticed a substantial increase in the amount of precious metals such as gold and silver coming to the Roadshow, which makes sense considering how high it's currently trading at," he added, "The Roadshow is

great because it puts money in people's pockets, especially during such hard times. Lots of items that are just sitting around collecting dust in basements and jewellery boxes can be exchanged for money, on the spot!"

At another Roadshow event, a woman, named Mrs Kovalevsk, walked in with a tin full of hundreds of old coins that were given to her as a young child by her grandfather. She finally decided to come in to the Roadshow and see what he had given her. She was excited to learn she had coins dating back to the late 1800s, some of which were extremely rare. Roadshow consultant, Perry Bruce explains "We had discovered an 1871 Queen Victoria 50 Cent piece, valued at over \$2,000! She had a nice assortment of coins that were not sure dates, but she was able to sell them for their silver content". She explains, "I never would have thought that my old tin of coins was worth so much! I can finally

afford to renovate my kitchen". Perry Bruce continued, "Canadian coins prior to 1967, and American coins prior to 1964 are all made with silver, and we have noticed a large increase of customers coming to the Roadshow with coins and cashing them in for their silver value".

Experts at the Roadshow will evaluate and examine your items, FREE OF CHARGE, as well as educate you on them. The Roadshow sees hundreds of people during a one week event, and they have been travelling across Canada to different cities and towns, searching for your forgotten treasures.

Trains, dolls, toys, old advertising signs, pocket watches, porcelain and bronze dolls, pretty much everything can be sold at the Roadshow. Any early edition Barbie's are sought after by the Roadshow collectors, as well as a variety of Dinky Toys and Matchbox cars, Lionel Trains and

a variety of tin toys can also fetch a price, especially if they are in their original box or in mint condition. If a collector is looking for one of your collectibles, they can always make an offer to buy it.

A man brought in a 1950s Marx Tin Toy Robot, in fairly good condition, still in its original box. They were able to locate a collector for that specific toy within minutes, and that gentleman went home with over \$700 for his Toy Robot and a few other small toys.

So whether you have an old toy car, a broken gold chain, or a Barbie sitting in the closet, bring it down to the Roadshow, they will take a look at it for FREE and it could put money in your pocket!

*See you at
the roadshow!*

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- **GOLD COINS:** All denominations from all parts of the world including Gold Olympic coins
- **INVESTMENT GOLD:** Canadian Maple Leaf, Double Eagle, Gold Bars, Kruggerands, Pandas, etc
- **SCRAP GOLD:** All broken gold, used jewellery, any missing pieces (Earrings, Charms, gold Links etc), Dental Gold, Glass Rings, Charm Bracelets, etc
- **PLATINUM:** Jewellery, Dental, Wiring and anything else made of Platinum
- **WAR ITEMS:** WWI, WWII, WWII medals, Swords, Daggers, Bayonets, Civil War/WWI memorabilia, etc
- **JEWELLERY:** Diamond Rings, Bracelets, Earrings, loose Diamonds, All Gem Stones etc
- **PAPER MONEY:** All denominations made before 1950, Confederation bills, Large Bills
- **OTHER COLLECTIBLES:** Toys, Train Sets, Dolls, Advertising, Cast Iron Banks, Pottery, etc

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Politicians unite to remember Jack

► Layton died of cancer last month
► Prime minister says NDP leader was a fighter until the end

Politicking and partisanship briefly evaporated in the House of Commons yesterday as MPs remembered Jack Layton's courage, optimism and kindness.

The bitterness that has become a hallmark of parliamentary debate in recent years was nowhere in evidence as the tributes rolled out to waves of applause in the chamber where Layton often pleaded for greater civility.

Prime Minister Stephen Harper praised the late NDP leader as one who earned the affection and respect of his fellow MPs.

Harper spoke of friendships that can grow even between opponents.

"In the case of Jack Layton, I believe that all of us developed this affection inexorably," Harper said.

"His passion, his perseverance, his ability to be at once tough and cheerful would eventually win over even those who most

"His passion, his perseverance, his ability to be at once tough and cheerful would eventually win over even those who most strongly disagreed with him."

PRIME MINISTER STEPHEN HARPER

strongly disagreed with him."

He said he and Layton rarely agreed, but they shared a love of country.

"In the heat of our debates, we too often forget that people of good will share the deepest motivations and the highest aspirations," he said. "We differ only on how we believe we should act on these in order to address the practical problems that lie before us."

Interim NDP Leader Nycole Turmel pledged to



► Olivia Chow, MP and widow of former NDP Leader Jack Layton, is applauded after delivering a tribute to her husband in the House of Commons yesterday.

keep her party true to Layton's legacy.

"Day after day, he fought for the little guy," she said. "In Jack Layton's memory we carry on this work."

Bob Rae, the interim Liberal leader, had a catch in

his voice as he remembered Layton.

"While Jack is gone and has passed away, the things that he stood for and the values that he had and the warmth and strength and quality of his personality will never die,

will never disappear," Rae said.

He said Layton will not be forgotten.

"As an adversary and as a friend we shall miss him."

Harper and Turmel also paid tribute to Olivia

Chow, Layton's widow and herself a Toronto MP.

Chow thanked Harper for granting her husband a state funeral and for the "comfort and support" he and wife Laureen offered both privately and publicly. **THE CANADIAN PRESS**

Top soldier retreats from spending comments

The country's top military commander has done an about-face, saying he'll consider reimbursing taxpayers the commercial cost of a 2010 Caribbean vacation flight aboard a government VIP jet.

Gen. Walt Natynczyk, the chief of defence staff, met with the prime minister and opposition critics yesterday amid a furor over his travel expenses.

He defended the use of the Challenger jet fleet

and the January 2010 flight that allowed him meet his family for a vacation cruise in St. Maarten. The VIP jet was used after the general missed his charter flight because he'd elected to remain behind for the repatriation ceremony involving four soldiers and a journalist killed in Afghanistan.

On Sunday, Natynczyk said the trip was authorized by Defence Minister

► Chief of Defence Staff Gen. Walter Natynczyk speaks to reporters on Parliament Hill yesterday.



Peter MacKay and that he wouldn't repay the cost of the vacation flight.

"If the government, as the prime minister indicated, his office looks at the trip — and the interpretation the Treasury Board guidelines — is incorrect, then I will reimburse as required," he said yesterday.

"If I have to pay for the ticket, then I will do that."

THE CANADIAN PRESS

Under fire

► Passenger logs show Natynczyk and some members of his family flew to Toronto from Ottawa for a Maple Leafs hockey game in appreciation of the military, at a cost of \$23,231.

► Additionally, the CTV report said nearly \$400,000 was spent going to six NHL games over three years.

Children at heart of fight for Gatti fortune: Brother

Arturo Gatti's brother says he's fighting over the late boxer's estate because he wants his niece and nephew to get the money.

Fabrizio Gatti testified yesterday that he doesn't

want any money for himself.

The Gatti clan and the boxer's widow are in a bitter dispute over who should get his \$3.4-million fortune.

THE CANADIAN PRESS

Group can't bear driving

Conservationists want the Alberta government to clamp down on driving in backcountry. They say poaching has reduced the grizzly population to 700.

THE CANADIAN PRESS



► Do Alberta's backcountry roads encourage poaching of bears?

Family of slain student getting day in court

Nine years after Amanada Zhao's body was found in a suitcase near Stave Lake, ex-boyfriend Ang Li — who fled Canada before being charged by RCMP — is scheduled to stand trial for

the 21-year-old international student's murder in a Beijing courtroom today.

Chinese authorities arrested Li and his cousin Han Zhang in 2009.

● METRO



► An archaeologist working along the flanks of Mount Tambora shows unearthed remnants of villages that were buried beneath up to three metres of ash.

Villagers in awe of mountain

► April 1815 eruption killed 90,000 people ► Left crater 11 kilometres wide, one kilometre deep ► Spewed estimated 400 million tons of sulfuric gases

Bold farmers in Indonesia routinely ignore orders to evacuate the slopes of live volcanoes, but those living on Tambora took no chances when history's deadliest mountain rumbled ominously this month.

Villagers like Hasanuddin Sanusi have heard since they were young how the mountain they call home once blew apart in the

largest eruption ever recorded — an 1815 event widely forgotten outside their region.

The 45-year-old farmer didn't wait to hear what experts had to say when Mount Tambora started being rocked by a steady stream of quakes. He grabbed his wife and four young children, packed his belongings and raced down

its quivering slopes.

"It was like a horror story, growing up," said Hasanuddin, who joined hundreds of others in refusing to return to their mountainside villages for several days despite assurances they were safe. "A dragon sleeping inside the crater, that's what we thought. If we made him angry — were disrespectful to na-

ture ... he'd wake up spitting flames."

Authorities raised the alert to the second-highest level two weeks ago but said only villagers within three kilometres from the crater needed to evacuate.

That didn't stop hundreds of men, women and children living well outside the danger zone from moving. **THE ASSOCIATED PRESS**



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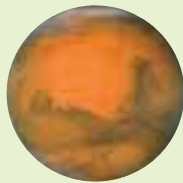
How far will \$1.5 trillion go?

► President Barack Obama's plan to cut U.S. deficit includes raising \$1.5 trillion in tax increases ► That's worth the economies of Mexico and Australia combined ► Metro discovers just how much you can buy with this money

President Barack Obama called for \$1.5 trillion US in new taxes yesterday, part of a 10-year deficit-reduction package totalling more than \$3 trillion. He vowed to veto any deficit-reduction package that cuts benefits to Medicare recipients but does not raise taxes on the wealthy and big corporations.

The president's proposal would predominantly hit upper-income taxpayers but would also reduce spending in mandatory - benefit programs, including Medicare and Medicaid, by \$580 billion. It also counts savings of \$1 trillion over 10 years from the withdrawal of troops from Iraq and Afghanistan.

THE ASSOCIATED PRESS



Going the extra mile

- If you were to stack \$1,000 bills, the height of the pile formed by \$1.5 trillion would be 193 kilometres.
- \$1.5 trillion in single-dollar bills would weigh about 1.7 million tonnes. If you stacked that sum in dollar coins, you could reach Mars.



Wipe Britain's slate clean

- If you were feeling a little generous, you could donate the entire amount to the United Kingdom and eradicate its national debt.



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- You could provide everybody in Los Angeles with two Lamborghini Gallardos, or give every man in the U.S. a Men's Presidential Rolex watch.
- You could send all U.S. citizens on an all-inclusive vacation to Tahiti or buy 1,500 Queen Mary 2 cruise ships.






For each person, an allowance ... and some pork

- Since America needs it, you could give away the \$1.5 trillion by donating \$5,000 to every man, woman and child.
- You could buy everyone on Earth an iPod.
- You could buy America's supply of bacon for the next 750 years.

● LILLO MONTALTO MONELLA/
METRO WORLD NEWS
SOURCES: GLOBALRESEARCH.CA,
COSMOLOAN

Market moment

Dollar	Natural gas
	1,000 cu ft
- 1.11¢	\$3.801
(101.04¢ US)	(- 0.8¢)
	Gold contracts
	\$1,781.30
	(- \$35.80)
Oil	TSX
	
- 2.26¢ US	- 101.72
(\$85.70 US)	(12,172.04)

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UGGS, CROCS, YOGA PANTS AND NOW ... LEGGINGS

SHE SAYS ...

JESSICA NAPIER
METRO



Last week, MSN Travel released their top 10 list of the world's worst-dressed cities. Anyone familiar with international travel won't be surprised to learn that eight out of the 10 cities listed are in North America; two of those offenders are Canadian.

Ottawa, you're forgiven for your eighth-place ranking — as home to sensible-suit-clad politicians you've got more serious things to worry about than leopard print versus polka dots for fall.

Vancouver, on the other hand, rightly earns its spot in third-place for its yoga-pant epidemic. Those ubiquitous stretchy black pants seem permanently affixed to every woman (and most of the men) living in the Lower Mainland, regardless of whether or not they have plans to do Ashtanga.

But here's the thing, yoga pants aren't really all that bad. Yes, wearing them as outerwear when you're not

"While they do resemble a trouser, leggings are never an acceptable substitute for proper leg wear unless you're a superhero or a cat burglar."

en route to the gym reeks of laziness and an "I've given up" attitude, but at least they're functional as athletic wear.

Canada's biggest fashion faux pas is plaguing cities coast to coast. I'm talking of course about the yoga pant's ghastly cousin: leggings. Despite what you might want to believe, leggings, in all of their questionable incarnations (pleather, patterned, embellished), are not pants. Don't be fooled. While they do resemble a trouser, leggings are never an acceptable substitute for proper leg wear unless you're a superhero or a cat burglar.

I'm not going to lie, I've been there. For years I worshipped at the altar of American Apparel. I purchased those black cotton Spandex jersey standbys in bulk, ensuring that when one pair ripped — because they always did — there would be three more understudies waiting to step in. Oh how I loved those merciful waistbands, keeping me blissfully ignorant of my winter weight gain.

But then, in a luminous moment of clarity, I realized just how unforgiving these stretchy staples really are. I was kidding myself with my black-is-slimming mentality. They don't disguise anything; they cling in an entirely shameful manner to every lump and bump from your torso onward. And so I banished them to the back of the closet and embraced structured leg wear.

I'll admit, I still slip up from time to time — usually when I'm running late for a hungover brunch date and I can't face the suffocating reality of denim. But whenever I'm tempted to reintroduce them into my regular wardrobe rotation, I just remind myself Lindsay Lohan designed an entire collection around this fashion DON'T.

Read more of Jessica Napier's columns at metronews.ca/shesays



Register at
metropolitanpanel.ca
and take the quick poll

Do you think Remembrance Day should be a statutory holiday, as it is in most other provinces?

27%

NO



72%

YES

Local tweets



► @alixmahe: I haven't used my umbrella in such a long

time, I don't even know where to find it. #ldnont

► @patjimagee: Should've worn a raincoat today... #ldnont

► @StJohn_N: Recommendations for brick work in #ldnont? Need the cracks filled between the bricks on an external wall of the house. #bricks

► @jamiesonjames: #thatawkwardmoment when you realize you're hunched over 90 degrees walking up UC Hill #uwo

► @paigeackerman: didn't have to wait in a 50 car line up to get on #fanshawe campus this morning, what a welcome surprise. #strike

► @phrwr: Happy Monday #ldnont - Is it Friday yet?

► @RachFee: Bagel deli richmond has a for lease sign today. #ldnont

► @GoJamesBrown: If any one is missing a ball ... It's because I am on it! #LDNONT #surprisedtobe-soawakeonmondaymorn-ing

► @VortexVisual: Some mornings I want to stay on twitter and read *everything*! Alas, I must get to work - bye for now, have a great Monday #ldnont

Letters

Re: Cities can't ban shark fins, report says, published Sept. 7.

In Canada, laws that ban hunting demonstrate Canada's motive of preserving and protecting wild animals.

Of course, we kill animals for food, but we do not kill to the point where we knowingly endanger the species. The Chinese community's claiming that banning shark fins will take away from their culture should not affect the decision-making process. By making sure that shark fins are banned, in the long run we can possibly save the sharks from becoming an endangered species. By allowing more time to pass, the shark species becomes closer to being part of endangered species. Chopping off the fin and letting the shark back into the ocean would allow bodily toxins to dissolve in water. This will also affect other marine life. There has to be a regulation that prevents the shark species from becoming a threatened species. Bylaws have to come into effect as soon as possible to help control this dilemma.

KUJAANY KANA
TORONTO

Cartoon by Michael de Adder



WEIRD NEWS

Catch me if you can: Man disguised as pilot escapes

A man who disguised himself as an airline pilot tried to enter a restricted area of a New Zealand airport and then escaped after he was challenged.

New Zealand police say they are looking for a man who on Saturday entered the Auckland Airport

dressed in a white shirt with epaulets on his shoulders and a dark cap with a silver winged badge.

He was also carrying a large briefcase.

According to the police, the man tried to get into a restricted "airside" area before being challenged by ground staff.

The man then escaped from the airport and jumped into the passenger seat of a black Toyota van and drove away.

The incident is reminiscent of the 2002 movie *Catch Me If You Can*, which recounts the true story of a young con artist who successfully poses as an airline pilot before being caught by the FBI.

THE ASSOCIATED PRESS

2

scene

Scene in brief



Stephen Colbert meeting Radiohead calls for an hour-long episode of *The Colbert Report*. The Comedy Central show will air its first hour-long episode Sept. 26, when Colbert sits down with the British rock group. Radiohead will perform four songs, featuring material off its most recent album, *The King of Limbs*.

THE ASSOCIATED PRESS



► Cameron Crowe, left, directs Pearl Jam Twenty, which tells the story of Eddie Vedder and crew's success.

For the love of music

► Director Cameron Crowe indulges his passion for music and Eddie Vedder in Pearl Jam Twenty



NED
EHRBAR
SCENE@METRONews.CA

Music has always played a major part in director Cameron Crowe's films, with 2000's *Almost Famous* being perhaps the most music-centric. So it was only a matter of time before he threw himself completely into a rock and roll documentary like he's done with *Pearl Jam Twenty*, about the iconic Seattle band. "Almost Famous was about loving music and being a fan, and *Pearl Jam Twenty* is about loving music and being a band," Crowe explains.

The film premieres tonight in cities around the world as a one-night cinematic event before starting

week-long runs in select cities Friday and heading to DVD October 25. Accompanying the film is a comprehensive book by Jonathan Cohen with Mark Wilkerson and a two-disc soundtrack of live recordings and bootlegs hand-selected by Crowe.

Crowe, a longtime friend of the band, admits a lot of inspiration for the project came from Martin Scorsese's 2005 Bob Dylan documentary, *No Direction Home*, which also eschewed a traditional theatrical run. "I felt so satisfied and inspired by that movie that I wanted to listen to more Bob Dylan," Crowe says. "It felt like a Bob Dylan experience, and I thought that if we can

make a movie the way a Pearl Jam record makes you feel, then we're in good shape."

The director, who managed to squeeze all the band members into his Seattle-set romantic comedy *Singles* back in 1992, insists this isn't your standard *Behind the Music* fare. "I've always felt that the story of Pearl Jam is a great story," Crowe says. "It's beyond just a rock story. In fact, it takes the usual rock story and turns it on its head. The usual rock story is incredible promise — brilliance, maybe. Tragedy cuts it short. And aren't we sad that we've lost this wonderful opportunity. Pearl Jam is exactly the opposite. It's a tragedy that

Screenings

- Pearl Jam Twenty screens tonight at select theatres across Canada.
- Visit filmswelike.com for locations and times.

was surmounted. And these guys found joy through survival, and studying what happened with rock before with some of their heroes."

For the band, while the amount of focus and introspection might be uncomfortable at first, they're more than happy with the finished product. "Maybe it's good that this movie kind of happened now. We've been in grateful mode and appreciation

mode of each other for, I think, for quite some time," says lead singer Eddie Vedder. "It's a galvanizing kind of moment to look at each other. It doesn't happen that often. You look at all the crowd reaction, or the family that is the people that come to see the shows," Vedder says. "It's just music. It's just guitars and drums and bass. To have it turn into this other thing is kind of a monument. ... I don't mean to self-aggrandize, but it's really something to see it and witness it, and, in this case, be reminded of it and have it right there in front of us so that we can appreciate it even more. And know that we have a really strong base to, like, cover the next 20."

DVD Releases

Buy it 🌐🌐🌐🌐 | Rent it 🌐🌐🌐 | Borrow it 🌐🌐 | Yawn 🌐 | Don't bother 🌐

Bridesmaids

Genre: Comedy

Director: Paul Feig

Stars: Kristen Wiig, Maya Rudolph, Rose Byrne

🌐🌐🌐

The surprise summer hit *Bridesmaids* is smart, funny and frequently gross. The fact is that the gals can be every bit as riotous and rude as the guys, but they aren't always given a chance.

SNL's bright light Kristen Wiig stars (and also co-writes with Annie Mumolo) as terminal failure Annie, a woman on



the verge of a marital meltdown not of her making. Annie is pulled into the mine field of wedding planning when her childhood BFF Lillian (Maya Rudolph) asks her to be her maid of honour.

Lillian neglects to tell

her that she's also asked her new BFF Helen (Rose Byrne, deliciously bitchy) to do much the same job, which the affluent Helen is all too eager and capable to do. The inevitable friction between the two and the other brides continues

on a road trip to Vegas.

🌐 PETER HOWELL

Conan O'Brien Can't Stop

Genre: Documentary

Director: Rodman Flender

Stars: Conan O'Brien, Andy Richter, Stephen Colbert

🌐🌐🌐

Where others might have speed-dialed the suicide-prevention hotline following the late-night lunacy of early 2010, Conan O'Brien instead called his travel agent. Humbled by his abrupt exit from *The Tonight Show*, and blocked from immediate TV work, the ginger-haired funny-

man exorcised his demons in public. His resulting 33-city touring song-and-joke variety show, captured by the documentary lens of Rodman Flender for *Conan O'Brien Can't Stop*, is combination therapy and screw-you retribution.

Flender doesn't belabour the events that led up to O'Brien's rise, fall and subsequent rise again (he has a new show on TBS) in the late-night wars. But neither does Flender deliver a big sloppy valentine to O'Brien, who comes across as affable yet prickly during his coast-to-coast trek. 🌐 PETER HOWELL



Scan this code or visit metronews.ca/scene to find out who claimed the Polaris Prize at last night's gala.

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keeps getting better.

Kunis gets hacked, romance revealed?

► Rumours of Timberlake's manbits making an appearance persist

Justin Timberlake and Mila Kunis are shrugging off reports that Kunis' phone was hacked last week, leading to the discovery of several steamy photos of the Friends with Benefits stars, according to People magazine.

"At no time did Mr. Timberlake and Ms. Kunis exchange inappropriate texts or emails," a joint statement from their reps reads.

"The insistence that there is any inappropriate correspondence between the two parties is entirely false."

One of the alleged pho-

tos was said to be of Kunis in a bathtub, while another reportedly showed Timberlake with lingerie on his head. A third photo reportedly featured male genitalia.

"We would like to confirm that the photo addressed in the media of Ms. Kunis was in fact not from any phone but from an inactive email account that has not existed in three years," the statement reads. "In regards to the other photos in question, they were never exchanged between the two parties."

● METRO

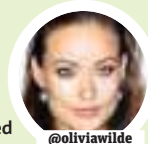


ALL IMAGES GETTY

Celebrity tweets



If I'm remembered for one thing in life, it may be my ability to start spontaneous dance parties. Kids under 5 always dominate. i love kenya



@oliviawilde

@SteveMartinToGo

I think @ConanO'Brien is just about to steal a joke I'm just about to think up. So, I'm going to retro-think it up after he tweets it.

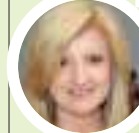


@adriangrenier



I really want to tell you how amazing the airplane bfast was on @VirginAmerica but I'm afraid you'll think I was paid :/ though I wasn't!

@ariannahuff



Have to say, with 15 million jobless, didn't see it coming that GOP nomination would hinge on HPV vaccine.

John Mayer calls in sick

John Mayer has had to cancel several upcoming performances after being diagnosed with granuloma, an inflamed nodule near his vocal chords, he wrote on his Tumblr blog recently.

"The record will be released next year instead of this fall or winter," Mayer says of his upcoming album.

"This is a temporary set-

back, though I'm not sure how long or short a period of time it will be. I've got the best doctors in the country looking after me and I will be singing and touring again as soon as I get the all clear.

Until then I'll be spending time writing and composing more music and kicking an empty soup can around the West Village."

● METRO



A b-day reunion for Anthony and Lopez

For his 43rd birthday, Marc Anthony got a visit from soon-to-be ex-wife Jennifer Lopez, who visited Anthony at the Miami home they used to share this weekend, according to Us Weekly.

Lopez, on a break from filming What to Expect When You're Expecting, brought by the couple's three-year-old twins, Emme and Max.

When asked at a concert

the night before if he and Lopez were remaining friends, Anthony responded, "Absolutely." ● METRO



► Marc Anthony



Alec clears up absence

Alec Baldwin bowing out of the Emmys Sunday had nothing to do with a tiff over Rupert Murdoch-related humour.

The actor had allegedly refused to take part in a comedy sketch for the awards show after a joke he

planned to make about the News of the World phone-hacking scandal was nixed by the show's network, Fox.

But Baldwin, who attended Tony Bennett's birthday party in New York that night, insists that had nothing to do with it.

"I skipped the Emmys because of this — because I wanted to be here," he told People magazine. "The Emmys have been in August for the last several years, but they moved to this date and I'd already committed to this." ● METRO

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Pregnancy and the pain

► Director of Motherisk program at Sick Kids preaches talking to your physician, not panic



CELIA MILNE
LIFE@METRONEWS.CA

Can you safely take Advil while you are pregnant? Ask your doctor.

A new study from the University of Montreal has revealed a possible link between NSAID painkillers and miscarriage.

While this study is a useful reminder that women should be cautious

about taking drugs in pregnancy, it certainly doesn't prove anything, says Dr. Gideon Koren, director of the Motherisk program at the Hospital for Sick Children in Toronto.

"It is a national sport in Canada to scare pregnant women, even through research which cannot prove the point," says Koren of the study.

"As a rule, Motherisk believes that in pregnancy

women should not self-prescribe, but rather talk to their physicians on needs, benefits and risks."

Here's how the Montreal study worked: Using a Quebec registry of patients, researchers found 4,705 women who had had a miscarriage.

Each case was compared to 10 women in the registry who had not had a miscarriage.

They looked back over

records to find out which women had been prescribed NSAIDs by a doctor. NSAIDs include celecoxib (Celebrex), rofecoxib (Vioxx), ibuprofen (Advil) and naproxen (Aleve).

They found that women who received at least one prescription for NSAIDs were more than twice as likely to have a miscarriage than women who did not.

The study, which was published in the Canadian Medical Association Journal, did not ask women whether they actually took the drugs, and did not include information about women taking over-the-counter Advil and Aleve.

"The study from Montreal has, we believe, major methodological problems that do not allow drawing a conclusion," says Koren.

Best Health Minute



**BONNIE MUN-
DAY, EDITOR-
IN-CHIEF,
BEST HEALTH
MAGAZINE**

Not all fats are bad For optimum health, don't cut out all fats; you should eat healthy fats (meaning the monounsaturated/polyunsaturated) each day, according to Canada's Food Guide. But even some of those are

better than others.

The following four foods are all good in that they are low in saturated fat and have zero cholesterol.

Here's what's in one tablespoon in terms of calories and fat:

- Olive oil 120 calories, 14 grams fat (2 grams saturated)

- Margarine (non-hydrogenated) 105 calories, 12 grams fat (2 grams saturated)

- Peanut butter 90 calories, 7 grams fat (1 gram saturated)
- Avocado 24 calories, 2 grams fat (1 gram saturated)

My pick as a spread is avo-

cado, hands down When that midmorning hunger hits, there I am spreading a quarter of an avocado onto a piece of wholegrain toast or a few crackers.

A squeeze of lime gives it some zip, and this is a snack that sets you up until lunch time.

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3

life

Flu shot



As provinces get ready to roll out their annual flu shot programs, new research suggests vaccinating little kids could significantly reduce hospital visits during flu season. The study shows emergency department visits for flu-like complaints declined by 34 per cent.

THE ASSOCIATED PRESS



Lock up medications: More young kids getting inadvertently poisoned: study

Bringing Creole heat to the city

► Jambalaya Restaurant serves up deliciously flavoured Southern U.S. and Caribbean dishes ► Among the standouts are gumbo, coconut shrimp & roti

LUNCH RUSH

PAUL MITCHELL

FOOD@METRONEWS.CA



Offering soulful southern and Caribbean cuisine, Jambalaya has retained its trademark character after moving to a larger location.

I embrace the laid back service, funky design and street view that create a cool relaxed vibe. The menu mixes traditional Cajun and Creole flavours that can bring the heat.

Huge coconut shrimp (4 for \$11) and moist hush puppy fritters (6 for \$7) are a great deep-fried start. Their heartiness marries



► Gumbo Ya Ya (\$7).

► **Jambalaya Restaurant**
119 Dundas St.
519-858-2000
jambalayarestaurant.com
Reservations: No
Licensed: Yes
Social lunch: Yes
Quick solo lunch: No
Co-workers lunch: Yes
Client negotiations: No
Price range: \$11 - \$18
Rating: 4.5 out of 5

well with decadent sauces.

My guest has Gumbo Ya Ya (\$7) — a stew of chicken and okra simmered in a Cajun roux — nicely rich with tarragon and oregano. My chicken roti (\$11) is spicy, brilliant yellow with curry and good depth of flavour. Large pieces of meat and potato

are blanketed within a soft flour wrapping. Plantain chips are a wonderful crispy complement.

The tantalizingly enjoyable taste lingers in our mouths long after lunch. Jambalaya provides uniquely friendly southern charm that I want to experience again.

Correction

In yesterday's Metro, Rose Reisman's Swap It identified a Starbucks Pumpkin Scone as having 78 g of fat instead of 78 g carbs.

Avgolemono Soup



Preparation:

- 1 In large saucepan over medium-high, melt butter. Add onion, carrots and garlic, sauté until onions and carrots are tender, 6 mins.
- 2 Add broth and bring to simmer. Add orzo and thyme, cook for 6 mins. or until orzo just tender but not mushy.
- 3 In medium bowl, whisk eggs and lemon juice. Ladle out 250 ml (1 cup) of broth and drizzle it into eggs while whisking. Remove saucepan from heat. While whisking broth

and vegetables in saucepan, slowly pour in egg mixture. Whisk until smooth, season with salt and pepper.

THE ASSOCIATED PRESS

Ingredients:

- 15 ml (1 tbsp) butter
- 1 yellow onion, diced
- 250 ml (1 cup) shredded carrots
- 2 cloves garlic, finely minced
- 1 l (4 cups) chicken broth
- 50 ml (1/4 cup) orzo pasta
- 5 ml (1 tsp) finely chopped fresh thyme
- 3 eggs
- 45 ml (3 tbsp) lemon juice
- Salt and black pepper

Kick off soup season with chowder

► This one-pot fish chowder originates in Chile ► Its bold flavours provide a welcome warmth for cool nights

As bold in colour as it is in taste, this one-pot fish chowder is packed with flavour. For a more authentic flavour, omit the turmeric and substitute with a pinch of saffron.

bits from the bottom of the pan. Cover and let simmer gently, stirring often for 20 minutes. Add fish and cook, covered, 10 minutes more,

or until fish is opaque.

- 2 Sprinkle with parsley.

THE CANADIAN PRESS

Preparation:

- 1 In a large Dutch oven or saucepan, heat oil over medium-high heat. Add onions and cook until tender, about 5 minutes. Add cumin, coriander, turmeric, salt and red pepper flakes; cook, stirring for 1 minute. Add rice and pumpkin or squash. Stir in broth and bay leaves, scraping any

Ingredients:

- 30 ml (2 tbsp) extra virgin olive oil
- 2 medium onions, chopped
- 5 ml (1 tsp) each ground cumin and coriander
- 2 ml (1/2 tsp) turmeric
- 5 ml (1 tsp) coarse salt
- 2 ml (1/2 tsp) red pepper flakes
- 125 ml (1/2 cup) long grain white rice
- 1 kg (2 lb) pumpkin or squash, peeled and diced
- 1 l (4 cups) fish or chicken broth
- 2 bay leaves
- 500 g (1 lb) skinless haddock or cod fillets, cut into chunks
- 50 ml (1/4 cup) chopped fresh parsley



► This recipe serves four.

THE RING HAS GOT TO GO

CHARLES THE BUTLER

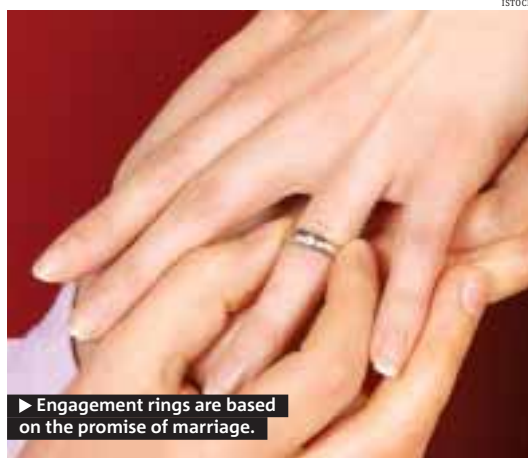


ASKCHARLES
THEBUTLER@
METRONEWS.CA

FOR MORE, VISIT
CHARLES
MACPHERSON.COM

Dear Charles,
What is the etiquette of engagement rings? Our specific question is, since the groom left the bride BEFORE they got married, can she keep the ring? It's an incredible rock and he can easily afford it because he has lots of money. What to do?

Dear What to do,
I'm sorry to hear of this broken engagement. Matters of the heart are never easy. The honourable gesture is to return the ring.
Put the entire situation



► Engagement rings are based on the promise of marriage.

into a larger perspective. The ring is based on the promise of marriage. Therefore when this promise doesn't happen, keeping the ring puts your bride in the wrong.

We wouldn't want the bride to appear opportunistic

and thus greedy. And between us, I personally believe by returning the ring she will surround herself with good karma for the next great man in her life! HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

Date Night



► Sunsets can be a romantic event.

Ideas for your next date

1 Watch a sunset/rise together
Grab a blanket and some cocoa and snuggle up together to take in the most magical moments of each day.

2 Sweet dreams
Cosy up with your sweetie in your very own slumber party pour deux. Don't forget to play truth or dare — minus all the teenage-era awkwardness!

3 People watching play-by-play
Hunker down on your

favourite park bench and provide a running commentary on the passersby: Guess who's on a first date, which guy's about to propose and who's taking a break from the kids!

GO TO 2FORCOUPLES.COM FOR MORE DATE NIGHT IDEAS

Getting your kids kitchen friendly

► Teens can eat well with a fun and funny beginners cookbook that's full of advice

Young people who never learned to cook and who rely on take-out, prepared and processed food will find some pointers in the new edition of a book geared specifically for them.

Clueless in the Kitchen: A Cookbook for Teens by Evelyn Raab (Firefly Books, \$14.95, paperback), promises novice cooks that they can eat well and have fun doing it.

"Young vegetarians did not understand that you just can't eliminate all the meat without finding some other alternative form of protein."

AUTHOR EVELYN RAAB

"It's pretty astonishing, really, knowing the generation before this one pretty much lost their ability to cook from scratch," says the Canadian author, referring to many parents who have relied on processed

meals as a necessity rather than a pleasure.

However, Raab says many young Canadians appear to be interested in home cooking.

"But somehow being able to actually cook home-

made dishes isn't automatic," she insists. "Someone has to tell them how to do that and how to start with the basics and have some successes, which empowers them to go out and try more things."

The book sets out to demystify shopping for food, cooking from scratch, reading recipes and how to decode abbreviations such as tsp (teaspoon) and other measures.

It also lists what cooking equipment is required, how to and where to store food and a hilarious chapter on basic kitchen sanitation — "a matter of life and death."

Raab encourages her young readers to not only shop at supermarkets, but also visit international grocery stores, bulk food stores and farmers' markets.

THE CANADIAN PRESS



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FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA



Look way past your family's immediate back-to-school costs

of books, calculators and clothing. According to TD Bank, a small child today will be faced with approximately \$80,000 in post-secondary education expenses.

Parents naturally want what's best for their kids, but the sheer price tag of education leaves them wondering how they're going to make it happen.

Rest assured; education is the most lucrative investment you can make in your child. According to the National Graduate's Survey, their long-term income earning ability is up to a million dollars greater than someone without post-sec-

ondary. Plus they'll benefit from more flexibility to pursue a career they're passionate about.

Planning ahead using the Registered Education Savings Plan (RESP) is the best way for families to save for a child's education.

The major benefits of the RESP are; first, money grows through the power of compounded returns; second, the growth is tax-deferred and; third, the government gives you free money toward the plan.

Start now. As soon as your child is born, or once you read this, open an RESP account for them. All you need is a Social Insurance Number for your child and a 30 minute appointment with your financial advisor.

A professional advisor will assist you in selecting the right investments for the RESP portfolio.

Contribute regularly. Every time you get paid, automatically contribute to the RESP that same day.

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA



Jack is only 3 1/2 years old but he has a portfolio.

With \$1,600 in his RESP (Registered Education Savings Plan), he is starting down a lifelong path of saving and investing.

Since he's my grandson, my goal is to make sure that his nascent portfolio grows happily and safely until he heads off into the post-secondary world.

With some predicting that the cost of a four year degree will hit \$100,000 by the time he is of university age, I'd rather he have a shot at higher learning without being encumbered by a debt that will haunt him well into his 30s.

His parents, Jeff and

Claudia (my daughter), have all the usual challenges of young moms and dads from mortgages and car loans to saving for their retirement, not to mention all the wants that assail young homeowners from new carpeting to upgrading their kitchen. It's tough to find extra dollars for savings. Do they put those scarce funds in a TFSA (tax-free savings account), RRSP, RESP or devote the money to paying down debt?

Every situation is different, but in Jeff and Claudia's case, I'd rather a bit of money be devoted to Jack's RESP every month than to their RRSPs, if they have to make the choice.

And that's because education is a shorter-term obligation. Jack will be heading off to college or university decades before Jeff and Claudia retire.

While RRSPs provide a tax deduction, the CESG (Canada Education



► Alison's money rule: Free government money makes RESPs the best deal going for young families.

Savings Grant), tops up RESP contributions by 20 per cent on the first \$2,500 contributed.

Higher income families will get a little less on the first \$500 and lower income families more, but the average Canadian can count on that grant annually up to a maximum of \$7,200 over the life of the plan.

Once the money is inside an RESP you have to decide what to do with it. I posed this question to Jack as he

hammered the siding on my house with his new tools. He didn't have an answer. Jeff and Claudia don't have an answer either.

A bank advisor, eager to sell investment products, has already contacted them. Should they go with mutual funds? And if so, which of the 15,000 are their best bet?

Next week I'll tell you what I told them. **CONTACT ALISON AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM**

POPQUIZ

I keep reading news about a slowdown in the US economy – should I sell my investments?

A: Money in America? Is that an oxymoron?

B: You should invest! You can't get the ups without going through the downs.

FIND TIPS & TRICKS

in Allan Small's Investment Perspectives Column: *Negative news provides a drag on the market.*

This column and more available at Metronews.ca/YourMoney

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Allan Small
Senior Investment Advisor – DundeeWealth

Tuition hikes eclipse inflation rate for second straight year: StatsCan

Canadian undergrads are paying way more than the inflation rate in tuition hikes this year.

Statistics Canada reports full-time students paid an average of 4.3 per cent more in tuition this fall than they did last year, when tuitions rose four per cent.

Inflation was 2.7 per cent between July 2010 and July 2011.

StatsCan says undergraduate students are paying an average of \$5,366 in tuition fees in 2011-12, up from \$5,146 a year ago.

Increases ranged from 1.4 per cent in Manitoba to 5.1 in Ontario.

New Brunswick ended three years of frozen tu-

Lucky province

► **Tuition fees** rose in all but one province, Newfoundland and Labrador, where they have been frozen since 2003-04.



► Undergrads in Quebec and Newfoundland and Labrador currently have the lowest average fees.

ition fees with a 3.6 per cent increase, while tuitions in Nova Scotia rose 4.3 after three years of declines.

On average, undergraduate students in Ontario paid the highest fees in Canada, at \$6,640, followed by students in New Brunswick who paid \$5,853.

Undergrads in Quebec and Newfoundland and Labrador continued to have the lowest average fees, \$2,519 and \$2,649 respectively.

Graduate students paid an average of \$5,599 in tuition fees for the 2011-12 academic year, up 3.7 per cent.

THE CANADIAN PRESS

Danton comes to aid of convulsing teammate

Mike Danton played the hero in his opening game of the Swedish league.

The former NHL player, who served five years behind bars for a failed murder-for-hire plot, rushed to the aid of IFK Ore teammate Marcus Bengtsson, who was convulsing on the ice after a hard hit in Sunday's season-opener.

Danton, 30, was released from prison in 2009 and then played two seasons with Saint Mary's Huskies in Canadian university hockey before signing this summer with IFK Ore, which plays in the third tier of Sweden's pro system.

"One of the luxuries of my prison experience afforded me to take a first aid course and become certified in first aid response," Danton wrote in his blog on the website of DT, a Swedish newspaper.

According to Danton's blog, Bengtsson took a late hit with about 14 minutes left in the game against Soderhamn/Ljusne. He lay on the ice suffering convulsions for six or seven minutes.

"As his eyes continued to roll into the back of his head, his mouth finally opened a bit," wrote Danton, who is captain of the Swedish team. "It was at that time that I jammed my fingers into his mouth and clawed his tongue."

Bengtsson was taken to hospital in Mora, about a 35-minute drive from Furudal. Danton wrote that Bengtsson was alert in hospital but had no memory of the incident.

IFK Ore went on to win the game 4-3.

Danton scored nine goals in 87 NHL games with the St. Louis Blues and New Jersey Devils. He helped Saint Mary's win its first Canadian university hockey championship while maintaining a straight A average.

The Brampton, Ont., native had hoped for a return to the NHL after his parole ended in January, which lifted his restrictions on travel.

THE CANADIAN PRESS

Leafs, Senators give new nets a test drive

► Changes intended to help league's video room to make correct calls

FRANK GUNN/THE CANADIAN PRESS



► Maple Leaf Colby Armstrong is stopped by Senators goaltender Alex Auld during Toronto's 4-2 pre-season win last night.

The NHL is making some tweaks with the start of pre-season play.

Some of the initiatives from last month's research and development camp in Toronto made their way to the Air Canada Centre for last night's pre-season game between the Toronto Maple Leafs and Ottawa Senators.

Among the changes is a green verification line that runs three and a quarter inches behind the goal-line and shallower nets that feature thin mesh along the

top and a clear plastic skirt along the bottom.

The proposed tweaks are intended to make it easier for the league's video room to make correct calls using instant replay. Some of them could be in use during the regular season.

"We want to get some good information so that we can take it to the board of governors and give them a good demonstration of what benefit it would be," said Mike Murphy, the NHL's senior vice-president of hockey operations.

"That's what we're hoping tonight, that we can get some good footage of it in practical use. We can put this forward."

The board meets today and will likely vote on a proposal that includes the immediate introduction of the verification line and clear plastic skirting along the bottom of the goal, which gives referees a better view inside the net. Neither is considered an official rule change.

The verification line should be a major help dur-

ing video review.

If a puck can be seen touching part of the green line during a replay it means that it is completely in the net. Depending on the angle, it has sometimes been difficult to tell if a puck has completely crossed the goal-line.

Nets that are four inches shallower will require an adjustment from goalies, but won't be implemented right away. In fact, the league currently only owns the two that were used last night. THE CANADIAN PRESS

Chiefs lose star running back

DAVE REGINEK/GETTY IMAGES



► Jamaal Charles

The season is over for Jamaal Charles.

The All-Pro running back will go on injured reserve after tearing the anterior cruciate ligament in his left knee, a person familiar with the injury told The Associated Press, leaving the

winless Kansas City Chiefs without one of their best offensive players.

The person spoke on condition of anonymity because the Chiefs do not disclose injury details.

Charles, the NFL's second leading rusher last sea-

son, sustained the injury after taking an awkward step finishing off a run in the first quarter of Sunday's 48-3 loss to the Detroit Lions.

Charles had an MRI exam yesterday that revealed the extent of the injury.

THE ASSOCIATED PRESS

4

sports

Quoted



"That's foolish on our part medically to put time frame out there."

PHILADELPHIA EAGLES HEAD ATHLETIC TRAINER RICK BURKHOLDER, ON WHEN MICHAEL VICK MIGHT BE READY TO PLAY. VICK SUFFERED A CONCUSSION ON SUNDAY WHEN HE WAS SPUN AROUND BY A DEFENDER AND SLAMMED INTO RIGHT TACKLE TODD HERREMANS.



Scan code for more sports news.

Major juniors set to return to Ontario ice

► After adding talent over the summer, the Sarnia Sting look poised to make strides in the OHL standings

As the Ontario Hockey League season gets under way this week, plenty of eyes will be focused on the West Division thanks to the Sarnia Sting.

With the hiring of Jacques Beaulieu as coach and GM, the Sting have been fast-tracking on the road back to credibility.

With Nail Yakupov and Alex Galchenyuk — both considered to be potential top 10 picks in the 2012 NHL entry draft — already in the mix, the Sting went out and acquired overage forward Taylor Carnevale from Windsor. Add in goaltender Brandon Maxwell, acquired from Kitchener, to work with youngster Brandon Hope and the Sting are showing signs they could

Knights add goaltender

The London Knights completed a trade with the Plymouth Whalers yesterday to acquire rookie goaltender Jake Patterson, who will likely start the season as Michael Houser's backup.

► Goalie Ian Jenkins died in an accident earlier in the summer.

be improved.

Sarnia also added American defencemen Connor Murphy, a first-round pick of the Phoenix Coyotes, and Anthony DeAngelo, while adding even more

depth offensively by signing the American-born Reid Boucher and Swedish-born import Ludvig Rensfeldt.

The Sting will be in tough in the West as the Plymouth Whalers bolster a veteran lineup, which includes first-round NHL picks Stefan Noeson (Ottawa) and Rickard Rackell (Anaheim), with the addition of J.T. Miller, a New York Rangers first-rounder.

The season kicks off tomorrow night when the Whalers travel to Owen Sound to take on the defending-champion Attack.

Here's a look at some early storylines in Midwest, Central and East divisions on the eve of the 2011-12 season.

THE CANADIAN PRESS



Midwest Division

The Kitchener Rangers and London Knights look poised for another battle in the Midwest. The Knights will be looking for Andreas Athanasiou to improve on a surprising rookie season. The forward had 11 goals and 22 points last season after making the team as a fourth-round pick in the 2010 OHL Priority Selection.

The Rangers will suffer from the loss of Gabriel Landeskog, who had his rights released prior to the CHL import draft. The Rangers didn't think the Colorado Avalanche prospect would return and used their import pick on Czech forward Radek Faska. THE CANADIAN PRESS



Central Division

The Niagara IceDogs are bringing back most of the group that lost to Mississauga in the Eastern Conference final, so they should be a contender.

The Majors are missing some talent through the graduation of New York Islanders prospect Casey Cizikas and the loss of overage defenceman Marc Cantin, who signed a contract with the Boston Bruins.

Winnipeg Jets first-rounder Mark Scheifele will be an important cog in the Barrie Colts offence, but most eyes will be on rookie defenceman Aaron Ekblad — the first player granted exceptional player status since John Tavares in 2005.

THE CANADIAN PRESS



East Division

The Oshawa Generals should be a fun team to watch with solid depth up front and a strong group on the blue-line. The loss of Calvin deHaan will hurt but overage defencemen Scott Valentine and Daniel Maggio will anchor a defence that boasts six members who played in the OHL last season.

Goalie Kevin Baillie will see some work but rookie Daniel Altshuler, acquired in a summer trade with the Belleville Bulls, can expect to get some time as well. He requested a trade out of Belleville after making it known he didn't want to compete with Bulls returnee Malcolm Subban for ice time.

THE CANADIAN PRESS

Help us Breathe Life into the October 6 Election



Every day, people in Ontario are struggling to breathe because of lung disease; many are children.

While our health care system has many strengths, modest investments in lung health could make it even better.

The Ontario Lung Association and our partners have estimated that for every \$1 invested in lung health, \$3 in future healthcare costs could be saved.

Small investment: big, healthy return.

Good for taxpayers and welcome news to the more than 3.4 million Ontarians living with lung disease.

Sound like a plan? It could be.

We are calling on the next government to establish an

Ontario Lung Health Action Plan.

It would include spending our hard-earned tax dollars in the most efficient way possible, making the most of what already works well, and making sure it's available to everyone.

Before October 6, encourage your candidates to support lung health.

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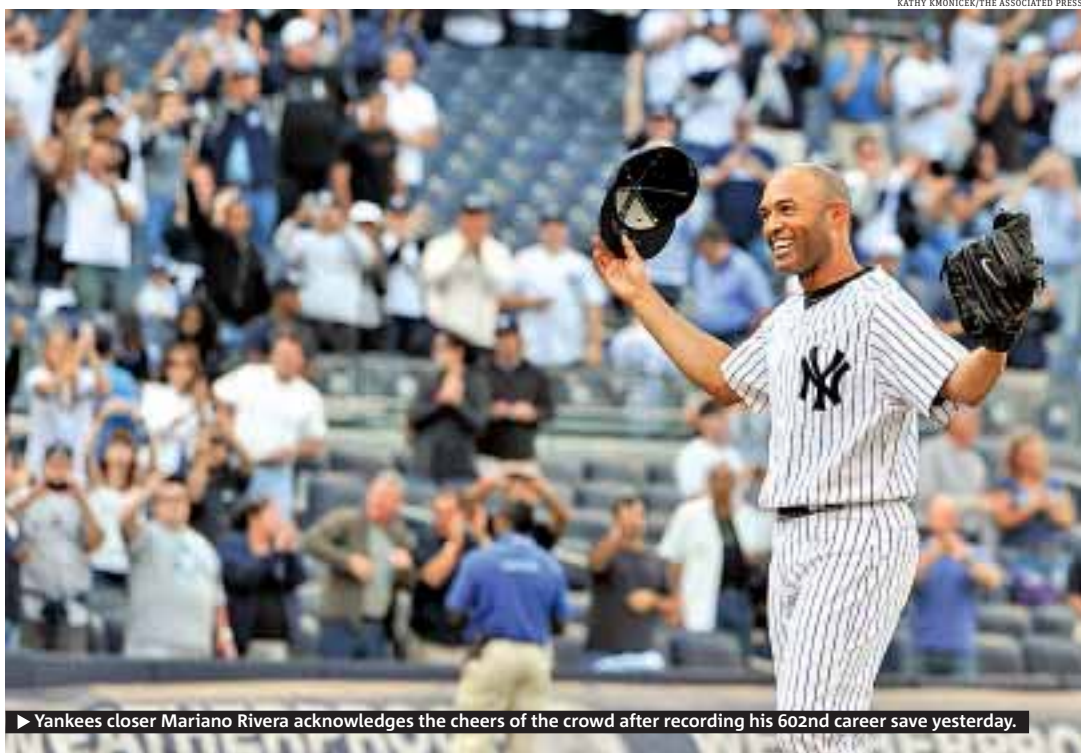
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KATHY KRONICK/THE ASSOCIATED PRESS

► Yankees closer Mariano Rivera acknowledges the cheers of the crowd after recording his 602nd career save yesterday.

One for the record books

► Rivera now has more saves than anyone in Major League history

Mariano Rivera stood by himself, in the centre of the diamond at Yankee Stadium.

For once, the great closer wasn't sure what to do next.

So he smiled, blew a kiss to the crowd, and then doffed his cap as cheers washed over him following the record 602nd save of his career.

"Oh, my God, for the first time in my career, I'm on the mound alone," Rivera said. "It was priceless. I didn't know it could be like that."

Rivera pitched a perfect ninth inning, striking out

Chris Parmelee on what appeared to be his signature cut fastball to end the New York Yankees' 6-4 win over the Minnesota Twins yesterday.

Fans stood and shouted from Rivera's first pitch to his last as he retired Trevor Plouffe, Michael Cuddyer and Parmelee in order and broke Trevor Hoffman's mark.

They even roared in the bottom of the eighth when Nick Swisher grounded into an inning-ending double play — and drew a loud cheer from fans who wanted to see history made.

THE ASSOCIATED PRESS

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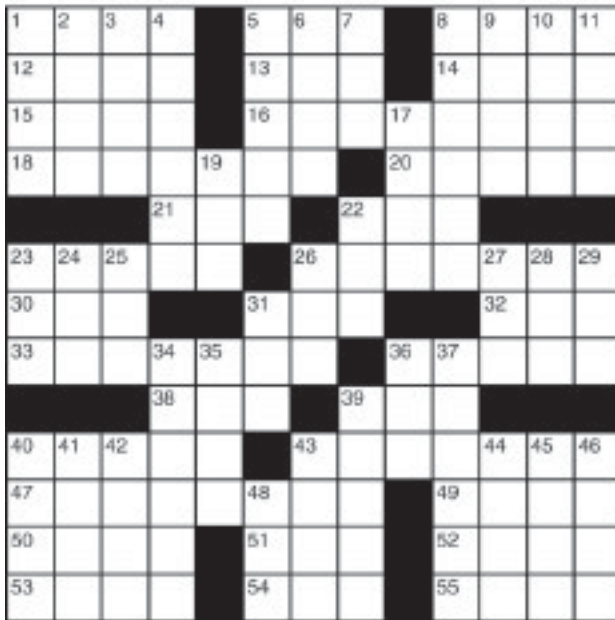
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Crossword

Across

- 1 Padlocked fastener
5 Pigpen
8 Human heart, basically
12 Always
13 Before
14 Sandwich cookie
15 Note from the boss
16 Staff with robots?
18 Ape, e.g.
20 Pie-in-the-face sound
21 — de deux
22 Same (Pref.)
23 Verbalizes, Biblically
26 Weather conditions
30 White wine aperitif
31 Stir-fry pan
32 Trotted
33 Mosque leader's office
36 "The Silence of the —"
38 — Impossible
39 Help
40 Thingamajig (Var.)
43 Enliven
47 Quite close
49 "American —"
50 Gangster's subordinate
51 Dress in
52 Tiers
53 Hosiery woe
54 Suitable
55 Slave to cross-words?
Down
1 Rope fibre
2 State with convic-



- tion
3 Big truck
4 On time
5 Airplane furniture
6 Verifiable
7 Nevertheless
8 Cheerleader's prop
9 Caspian Sea feeder
10 Transcending (Pref.)
11 Versifier
17 Bone (Pref.)
19 Backrub response
22 Sort
23 Enjoy Aspen
24 Intention
25 Playwright Levin
26 Miller Sebastian
27 Branch
28 Bill
29 Type measures
31 Lbs., ozs., et al.
34 Acting out wordlessly
35 Teeny bit
36 Roman 52
37 Put on a pedestal
39 Regarding
40 Showbiz jobs
41 Part of the loop
42 Old portico
43 On
44 Commotions
45 It may be

- 46 Otherwise
48 Oklahoma city

► Yesterday's answer



Today's horoscope

♈ Aries March 21-April 20 Stay positive, and great things will happen.
♉ Taurus April 21-May 21 You still have enough time to put the finishing touches to something of a creative nature.
♊ Gemini May 22-June 21 If you somehow get involved in a dispute between friends or relatives today you must be even-handed.
♋ Cancer June 22-July 22 Change is good and positive.
♌ Leo July 23-Aug. 23 If you want something enough you will find a

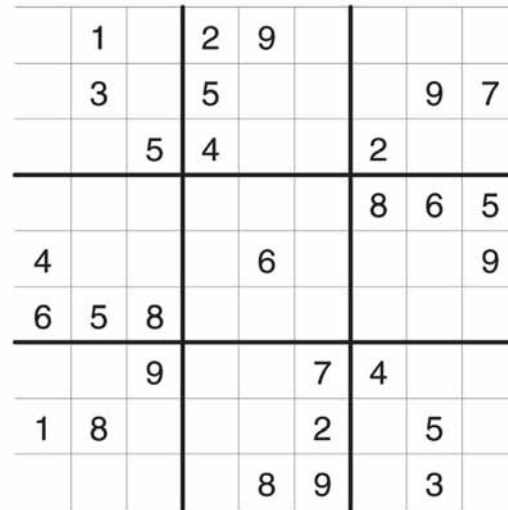
way to get it, but it may cost you more than you expected.
♍ Virgo Aug. 24-Sept. 22 You will always get another chance. Don't put pressure on yourself unnecessarily.
♎ Libra Sept. 23-Oct. 23 You are on the cusp of a wonderful new phase.
♏ Scorpio Oct. 24-Nov. 22 Focus on what you desire today and you might just get it.
♐ Sagittarius Nov. 23-Dec. 21 If you throw in the towel now you will regret it later when the omens turn in your favour.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♑ Capricorn Dec. 22-Jan. 20 Make use of the Sun's last days in helpful Virgo to finalize your plans. Then, when the Sun crosses the career angle of your chart on Friday, you can act with the confidence of knowing you will succeed.
♒ Aquarius Jan. 21-Feb. 18 Whatever kind of news you receive today, don't take it too seriously.
♓ Pisces Feb. 19-March 20. You need to make a decision about a partnership or relationship matter, and you need to make it soon.

● SALLY BROMPTON

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

7	3	1	6	9	2	8	5	4
4	2	5	7	1	8	3	6	9
9	8	6	4	3	5	7	1	2
5	7	9	3	2	1	4	8	6
1	6	8	9	4	7	2	3	5
2	4	3	5	8	6	1	9	7
8	9	4	2	5	3	6	7	1
6	1	2	8	7	9	5	4	3
3	5	7	1	6	4	9	2	8

Today

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Wednesday

23° / 12°
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WHEELS
OF TOMORROW
GREEN AND
STYLISH {page 5}



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News worth sharing.

DAVID VAN DYKE/PHOTO ILLUSTRATION/FOTORESEARCH.COM

Drawing the future

► Youth of today are in control of what their lives will look like in 2031 ► Metro teams up with a group of young writers to get a glimpse of what the future holds

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¹ *The Economic Impacts of the Wind Energy Sector in Ontario 2011 – 2018*, by ClearSky Advisors
http://www.canwea.ca/wind-energy/talkingaboutwind_e.php
² *Behind the Switch: Pricing Ontario Electricity Options*, by the Pembina Institute
<http://www.pembina.org/media-release/2237>



www.windformycommunity.ca

Born to be ... anyone you want

► Did you want to be an athlete or a rock star? ► Genetics screening will help detect predispositions toward certain skills, strengths and attributes

Ever wonder what you were born to be? The next Katy Perry? Or Sidney Crosby? Well, 20 years from now, you won't be wondering — you'll know.

Here's how: Genetic screening in early childhood will detect specific genes that offer a predisposition to certain skills, allowing parents to direct their children toward careers that they were just born to have.

"There are already options available to test for things like traits," said Jill Davies, director of genetics at Medcan Clinic in Toronto. "You can predict what a person's eye colour will be, or whether they're going to be sprint runners."

Consider this: ACTN3 is a gene found in many elite-level athletes. A variation in this gene can determine

them all for sprinting, we would probably get more good sprinters than if we just trained young Canadians randomly."

limited to athletic ability. Perfect pitch, the ability to recognize or recreate a musical

note, is another trait that may be genetically linked. Dr. Joseph Profita at the University of California has hypothesized that perfect pitch is carried by a single gene and, as such, children with parents who exhibit perfect pitch have a 50 per cent chance of inheriting that trait. In 20 years, 50 per cent could become 100 per cent if two genetically predisposed parents have kids.

In 2031, technology will be able to offer insight into a child's skills, strengths and attributes. Is that a good thing? Yes — because we will also remember that success comes not only with the gift, but with what we do with it.

EMILY FAUBERT, 17, IS A GRADE 12 INTERNATIONAL BACCALAUREATE STUDENT IN MISSISSAUGA, ONT. SHE IS AN ASPIRING NOVELIST WHO HOPES TO USE HER WRITING TO EXPLAIN WORLD ISSUES SUCH AS ANIMAL TESTING AND HUMAN RIGHTS IN AN UNDERSTANDABLE AND ENGAGING FORMAT.



► Katy Perry

whether an individual is predisposed to success in endurance sports, speed and power sports, or a combination of the two.

"You can make predictions about large groups of people," said Jim Rupert, associate professor at the University of British Columbia. "If we took every Canadian teenager who has this particular variant [of ACTN3] and trained

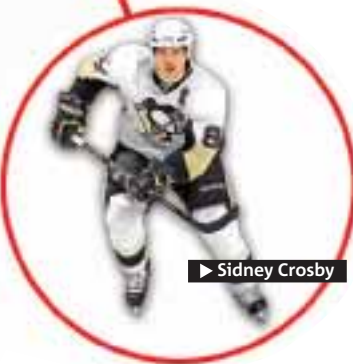
What does this mean? By 2031, children will be able to hone the skills they are genetically inclined toward excelling.

Genetic predisposition is not

DAVID VAN DYKE/PHOTO ILLUSTRATION



► Usain Bolt



► Sidney Crosby

EDITOR'S NOTE

Welcome to 2031!

We have seen the future — and we want to share it with you.

Metro's Future Daily began with a simple idea. What will Canada and the world look like 20 years from now? When we reached out to our network of young writers, the response was overwhelming. Story ideas ranged from technology, education and science to the future of media, the environment, fashion and food.

With so many incredible ideas, the scope of the project doubled and the issue began to take shape. We wanted it to be innovative, creative and cutting edge. We found ourselves working with a diverse lineup. It seemed that our writers wanted to focus on issues that reflected their passion, and not just their creativity. So began our summer project...

The stories you will read here reflect the vision of young people across Canada. There is something here for everyone. If you are a

businessperson, you may find it interesting to read Tarini Chandak's vision for a mainstream business model based on social entrepreneurship.

Flip the pages to discover what foods we will be eating in 2031 and how we will conserve our planet's water supply. Explore crowd-accelerated innovation with Selin Jessa, as she delves into the theory behind the online video movement.

Want to know whether your children and grandchildren can be superkids? Read Emily Faubert's vision for genetic predetermination. And there's more...

We, young writers and dreamers of this age, have tapped into our limitless optimism to compile this issue to bring you our vision of an alternate future — a future that is free of apathy and band-aid solutions.

Let us all take a step toward that sustainable future. Here's to piloting the next 20 years and beyond!

The Editorial Team

THE FUTURE DAILY EDITORIAL TEAM, LED BY FREE THE CHILDREN STAFF, IS COMPOSED OF FIVE YOUNG, ASPIRING JOURNALISTS WHO ARE PART OF THE JUNIOR JOURNALISM PROGRAM RUN BY FREE THE CHILDREN.



"By 2031 I would love to see a cure for most if not all of the world's terminal illnesses. I would also love to see a world where every human being is treated equally and can equally access and enjoy the resources of the world."

SHAWN DESMAN,
JUNO AWARD-WINNING CANADIAN
POP ICON AND PRODUCER



"By 2031, I'd like to see the gap between rich and poor narrow significantly. Whether on an individual, local or international level, it is such an obvious issue that I think the world must deal with (it)."

AISLINN PAUL
ACTRESS, DEGRASSI

The news is...in your head?

The newspaper you are holding in your hand, the news networks we watch after coming home from dinner — these are our windows to the rest of the world. But by 2031, innovations in technology could change the window we look through and even ourselves.

Social media: Delivering your news in 2031

Social media will be at the forefront of news delivery in 20 years. Unfiltered, first-hand perspectives from real-life people will be the order of the day.

Imagine checking Facebook or Twitter and hearing stories from soldiers on the front line in real time, or from aid workers at the scene of a tsunami.

With such profound changes, the ethics of news reporting will undoubtedly be altered. According to Bryan Orend, a philosophy professor at the University of Waterloo



► Head implants will receive the news in 2031.

in Ontario, “confirmed selection bias would worsen if you were to get your news from social media... groups of friends telling each other things they all want to hear, confirming pre-existing beliefs.” So while social media will expand our horizons, it may also end up polarizing in its reach.

News microplants in your ear? Yes, please

What if we went beyond changing the news, and

changed ourselves? What if we could biologically remodel our brains in order to get real-time updates? Some people may no longer be content with a BlackBerry. They may want micro-chips installed in their heads instead.

Alan Lacopi, the operations director for the Queensland Micro and Nanotechnology Centre, said such innovations are possible. While receiving images in the brain may be a long way off, in 20 years Lacopi suggests that this will be the norm.

While this technology is possible, some argue that it is not worth the risk. Professor Paul Yager, chair of the Department of Bio-engineering for the University of Washington, argues that “we’ve developed a technology (the smartphone) that makes the risks unnecessary,” at least for an able-bodied person.

HOWARD LEUNG IS A UNIVERSITY STUDENT STUDYING ACCOUNTING. HE IS INTERESTED IN GLOBAL AND LOCAL ISSUES.



The rise of social media

► New technologies will not change our social interactions at a fundamental level ► But they will provide new avenues for nurturing relationships that may not have otherwise existed

In 2031, distance between people and countries will become a concern of the past as the power of social networks spans across continents.

The existence of our global village today is facilitated by social media (such as Facebook, Twitter and Skype), but in the future this global community will exist solely through social media. For example, it is projected that Facebook's user population is growing at such an accelerated rate that it will exceed China and India's combined population within the next three to five years.

According to Michael

Rajzman, manager of social media at Free the Children, new technologies will not change our social interactions at a fundamental level, but instead will give us

new avenues for



maintaining and nurturing networks of relationships that may not otherwise exist.

No one knows this better

than Adam Garone, co-founder and CEO of Movember, an annual month-long event in which participants grow mustaches throughout November to raise awareness and funds for men's health issues. Movember became a global phenomenon in 2010, primarily through the use of social media.

Garone says we have created tools that enable us to be more connected with more

people. “Twenty years from now we will be connected with infinitely more people, in ways we can’t even imagine possible today,” he said.

In the future, users will no longer just view information on a social media platform, but they will be immersed in it, possessing the ability to dive into any world they choose. Instead

of viewing friends' pictures on a 2-D screen, the pictures will be projected all around, creating a three-dimensional experience in which the user is completely immersed.

Individuals are projected as 3-D hologram images, so that a Facebook chat becomes a highly

In 2031, social media will be in 3-D.



interactive interface. Instead of interacting through photos and posts, we are able to experience the lives of other individuals exactly as they themselves experience them.

Immersion into other worlds would undoubtedly nurture empathy, as individuals would have the ability to literally see themselves in other people's shoes. Social media in the future, therefore, would play an important role in uniting the members of the “Facebook nation” and in creating a world that fosters empathy and, thus, social responsibility. VICTORIA ATON, 22, IS A RECENT GRADUATE FROM MCGILL UNIVERSITY, WHERE SHE STUDIED INTERNATIONAL DEVELOPMENT. SHE SPENT THE PAST YEAR DOING FIELD RESEARCH IN EAST AFRICA AND WORKING FOR NON-PROFIT ORGANIZATIONS.

Looking ahead



Jesse Cruickshank

MTV CANADA

“By 2031 I hope to live in a more balanced world — a world where our resources are shared equally, our environment is treated with respect and our conflicts are solved in peace.”

Reader tweets



In 2031, will high school be taught in a virtual class?

- @limonaderose: Can't replace a human role model.
- @AD_TO: the virtual world will add value, but experience cannot be described unless tangibly experienced with feedback.
- @irisbobbis: I think learning in a classroom environment will always be the best and most effective way of teaching!



The car of tomorrow

► Imagine a vehicle that not only operates on electric power, but one that uses solar energy and recycled materials to save energy – and the planet

The automobile of 2031 can seat one to two passengers, depending on the model. Instead of gasoline, this vehicle operates on electric power, which is obtained through the solar panel roof and electric charge (power outlets).

As the car is running, the power charged from the solar panel is stored in battery cells underneath the driver's seat and vehicle.

All of the interior, exterior body panels and covers are made from recycled metals and plastics (to reduce manufacturing new

resources and materials). And all panels are painted with biodegradable paints instead of toxic chemicals. Large windows give the driver more natural light for better visibility and reduced blind spots.

Each wheel runs on its own individual motor, resulting in more power and traction. The new suspension and wheel design is much simpler, making it easier to repair, fix and find replacement parts.

Instead of using air-filled tubes, the individual suspensions (positioned in six,

similar to spokes) act as the rubber cushioning. The wheels maintain the same shock absorption as standard suspensions while eliminating the chance of rubber tire failures.

Also, the new wheel design further reduces toxic pollution created from manufacturing tire rubber.

One of the most unique features of this vehicle is its capability to have the front and rear wheels fold in together. As the wheels move in, the wheelbase shortens, making it easier to turn around, make

u-turns or park in tight areas (such as downtown districts, parking lots and sidestreets).

Strips of LED lights are placed on the front and rear wheel covers for better visibility, while using less power and creating less heat.

MATTHEW LAW IS A TORONTO-BASED DESIGNER AND COMMERCIAL PHOTOGRAPHER. HE IS IN HIS LAST YEAR OF STUDIES AT HUMBER COLLEGE IN THE TRANSPORTATION/INDUSTRIAL DESIGN PROGRAM. HE SPECIALIZES IN AUTOMOTIVE AFTERMARKET AND CONCEPT DESIGN. VISIT HIS WEBSITE AND PORTFOLIO AT MATTHEWLAW.CA.

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Finding a life on Mars

► Moving to Mars means we could continue our patterns of unsustainable living ► We just need a replacement planet ► Venus also has potential

It's a sad day when pollution is so heavy the air tastes like dirt. All the while, icebergs are melting, cities are flooding and forests are being destroyed.

The world's population is using 20 per cent more natural resources than the Earth can produce and there is an ever-increasing population and ever-decreasing food supply. What the world needs is a fair, cheap and easy solution.

I shall therefore humbly propose my own thoughts. I have been assured by a reliable Internet blog that there is a great opportunity to colonize Mars. It has a rich environment of carbon dioxide that could be developed into an atmosphere suitable for humans.

Therefore, I propose that mankind move to

Mars and leave Earth to become a desolate wasteland. Mars is approximately half the size of Earth so only half the population should be permitted to move to Mars. Immigrants will be selected based on a key criteria — those who have leading roles in society (celebrities, corporate leaders and politicians).

There is a dual purpose in sending these people to Mars. It is well known that governing bodies control action taken toward climate change and many corporations are the leading cause of pollution. If these people are sent to Mars, the degradation of Earth will be slowed down so a few more generations can live a quiet existence.

Don't mention other solutions — of cutting con-

"Don't mention other solutions until there is any glimmer of hope that people will make a sincere attempt to put them into practice."

sumption, of green transportation and of sustainable living — until there is any glimmer of hope that people will make a sincere attempt to put them into practice.

Before any counter-proposals, consider these two points: Those who have the power to influence change are not creating policies to divert from our current path. Secondly, those who have the financial means to invest in real solutions

have more to lose so are apt to continue their ways.

Moving to Mars would mean mankind wouldn't need to learn a lesson from the wasteland formerly known as Earth — we just need to start searching for another replacement planet. I have heard that Venus also has great potential. Citizens could continue in their patterns of unsustainable living without concern for the future, continuing to think short term, living in their oversized homes and driving SUVs.

Author's note: This piece has been inspired by Jonathan Swift's A Modest Proposal, in which he satirically proposes children be used for red meat to end Ireland's economic woes.

CHRISTINA FRANC, 21, HAS A BACHELOR'S DEGREE IN JOURNALISM FROM CARLETON UNIVERSITY.



► Mars has a rich environment of carbon dioxide that could be developed into an atmosphere suitable for humans.

Looking ahead



Michel Chikwanine

SPEAKER, ME TO WE

"I envision that by the year 2031, the world will have met the United Nations Millennium Development Goals. In 2031, every girl around the world will get to go to school."



Craig Kielburger

FOUNDER, FREE THE CHILDREN

"By 2031, I envision a world in which apathy is no longer an issue. Young people will have the passion and creativity to change the world ... they will be empowered on the world stage and treated as equals."

The future isn't so scary

Hollywood imagines this generation's future as a science experiment with apocalyptic results, but author Mark Stevenson insists it doesn't have to be that scary.

Stevenson spent a year travelling the globe asking scientists and philosophers what's next for us. He synthesized the answers in his book, *An Optimist's Tour of the Future*. It is being turned into a TV series and a Hollywood movie.

What are your goals for the book?

I wanted to write about the scientific horizon for a wide audience because there's a revolution coming and more of us should be informed.

Did you write from an optimist's perspective?

"Optimist" appeared in the title because I saw so many interesting possibilities, and my agent said I'd sell more copies. I am not saying the future will be better — I am saying it could



► Author Mark Stevenson

be, so I'm a possibilist.

What will be the most interesting scientific innovations?

To quote William Gibson: "The future is here. It's just not widely distributed yet." So, synthetic biology is already in use. If you're diabetic, it's almost certain your insulin supply is produced by *E. coli* bacteria whose genome has been tinkered with. The list of nanotechnology-based

products already available includes microprocessors, cleaning products, toothpaste, pregnancy tests, stain-resistant clothing, and — it seems to me — a disproportionate number of hair-straightening devices.

As we speed into the future, what's core to being human?

Talking about technology makes people quite scared, but advancement is a whole-hearted expression



put in the blender.

Are information technologies useful or just overloading us?

It's up to us how we use technology. If you have mass access you must employ mass-filtering. To make decisions we have machines to mine information and get a much clearer picture.

You investigated solar energy and on your trip carried a solar-panel bag. Is that the future of fashion accessories?

It does get a lot of comments. Ironically, the battery is broken but the panel still works so the new technology is outlasting the old. By 2020 even solar pessimists believe people will be choosing solar because it's economic rather than green. Regardless of your opinion on climate change, energy independence is better than relying on oil and the few countries who export it.

SARA FRIZZELL IS A THIRD-YEAR STUDENT MAJORING IN JOURNALISM AT CARLETON UNIVERSITY.

of our humanity — it's what distinguishes us from other species. No other animal does this. There isn't a bunch of dogs putting together an equivalent of your newspaper and no dogs will read it. These innovations will come to be because that's what human beings do. Hoping to roll back the march of human culture is about as pointless as trying to reconstruct the frog your younger brother just

DAVID VAN DYKE/PHOTO ILLUSTRATION



Conserving Canada's 'liquid gold'

DAVID VAN DYKE/PHOTO ILLUSTRATION

Water is one of the world's most precious resources, and although Canada seems to have plenty of lakes and rivers, we need to be just as careful as every other country in conserving our share of this fast-depleting "liquid gold."

Bob Sandford, an adviser to the Rosenberg International Forum on Water Policy, said Canadians are among the world's greatest water wasters and polluters — second only to Americans in per capita water use. Although we know we need to protect it, water remains one of our most undervalued resources.

Andre St Hilaire, member of the Canadian Water Resources Association, said it's important to make conservation efforts on an individual and national level. If we don't take the time to conserve water now, by 2031 we may be making some of these more drastic lifestyle changes:



► The Toronto waterfront if water conservation efforts fail.

Smaller families

► With the projected 2050 population at 9.5 billion, there won't be enough water to sustain the world's population if people keep reproducing at their current level.

► The environmental adviser to the British government has suggested that families with more than two children are putting an unbearable burden on the Earth. With only one- or two-child families, the world's water supply will last much longer.

water we have, people are going to have to head up to the territories along with the water.

No more plumbing.

Toilets, showers, baths, dishwashers and laundry machines are some of the biggest drains on the world's fresh water resources. In order to conserve water, all this activity will have to take place without the use of plumbing — through septic tanks, sponge baths and cycling water.

EMILY RACK, 21, IS A FOURTH-YEAR JOURNALISM STUDENT AT CARLETON UNIVERSITY.

Everyone will have to become vegetarian.

The amount of water it takes to raise animals for food is extraordinarily high compared to what it takes to grow food sources like vegetables, soy protein and rice. While a pound of beef requires about 2,500 gallons of water, a pound of soy only needs 250 to grow.

Turfgrass will be eliminated.

Turfgrass (which covers the lawns of thousands of homes in Canada) is potentially the single biggest waste of fresh water in Canada and the U.S. Indeed, a massive 30 per cent of the available drinking water in America goes to feeding turfgrass (a plant that isn't a food source).

The population will have to shift north.

While Canada is perceived to be a water-rich country, almost all the available fresh water we have is directed north while the majority of the population is in the south. In order to make the most of the fresh

Pills on the menu

Since the complete breakdown of the Earth's ecosystem, solid, chewable food has ceased to exist. Fortunately, at Pill World, our scientists have been hard at work replicating the main ingredients in the most popular dishes from 20 years ago and distilling their flavours into delicious pills.

While the average 2011 diet consisted of a variety of fresh and processed foods, massive leaps in agricultural technology led to global use of genetically modified foods. After a series of natural disasters in 2012, the world's supply of sustainable foods was virtually wiped out. Meanwhile, prices for remaining foods have doubled, as Oxfam predicted back in 2011. Pill World was born — universally accessible, eco-friendly and affordable. Bon appetit!

Appetizers

- Pile o' Chicken Wing Pills: This smoky, saucy flavour will make you feel like you're eating a whole stack of juicy chicken wings from the rare North American chicken.

- Chicken Quesapilla: The quesadilla was a cheesy, meaty Tex Mex dish mostly served in dive bars in neither Texas nor Mexico.

- Tossed Pill Salad: Distilled from only the freshest remaining vegetables on the planet — tomatoes, spinach and a lot of other "green" things charred beyond recognition.

Specialty Drinks

- Pill and Tonic*
- Vodka, Cran and Pill*
- Whiskey Sour Pill*

*Please note that pills only contain the flavour of alcohol and not the intoxicating properties. All of the fun of drinking without any of the consequences!



DAVID VAN DYKE/PHOTO ILLUSTRATION

Entrees

- Pasta Pillmavera: The taste of spring veggies, pasta and sauce in one smooth, mess-free capsule.

- Cheeseburger Pill-stravaganza: A primitive sandwich made of meat, bread and cheese. We think you'll find our cheeseburger-flavoured capsules more delicious, nutritious and satisfying.

- Braized Chicken Breast with Caramelized Onions and a Red Wine Reduction: The pill is an improvement!

Desserts

- Chocolate Mousse Pill-splosion: The real version would have made you fat. We're doing you a favour.

- Apple Pie à la Pill: Just like your mom's apple pie, except more pill-shaped.

MICHELLE BLANCHARD IS A FOURTH-YEAR JOURNALISM STUDENT AT CARLETON UNIVERSITY.

Le menu at Pill World — bon appetit!



Departures 2031

Time	To	Flight no.	Gate	Re
09:35	NEW YORK	DF2753	A1	ON
09:40	FRANKFURT	LN3211	C3	ON
09:45	TORONTO	GT4638	A2	ON
09:45	LONDON	KV3323	B4	DEI
09:50	MIAMI	LX3100	A2	DEI
09:55	THE MOON	LV2317	A5	ON
10:00	PARIS	BD9032	B1	ON
10:00	MARS	FB5610	C4	ON
10:05	HONG KONG	EN4267	A4	DEI
10:10	BARCELONA	GC5433	C1	ON
10:15	TOKYO	LY4488	B3	ON

We've Got High Hopes!

In fact, 65% of Metropolitan Panel members believe we'll be scheduling holidays on the moon 20 years from now!*

Our optimistic panelists think that round-the-world trips above the atmosphere, space station resorts, and dinner by moonlight – on the moon, aren't too far away.

**Metropolitan Panel; Travel Survey - August 2011*

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